

A Charity helping to support people with and incurable illness to stay in their own home

Most people prefer to be in their own home when they are unwell and reports show that 8 out of 10 people state they would like to die in their own home given the choice. However, with current resources, only 1 in 10 manages to achieve this!

This is often due to a there being a lack of equipment and care available and often statutory services do not have the finances or resources to enable it. Instead, people will end up in hospital or a care home at the end of their lives.

Helen's Trust exists to change that. We endeavour to provide whatever is needed for anyone with any incurable illness to have the choice to die in their own home, surrounded by those they love most.



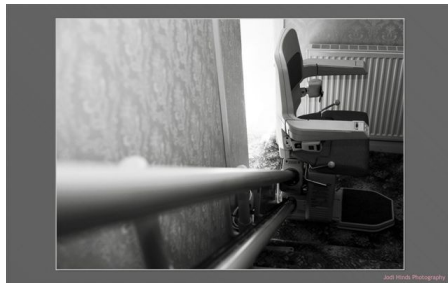
Usually, the type of support we provide is for nursing care, sitters, help to run the house, support of others living in the home or equipment. It's often the really simple things that can make a huge difference. We provide anything that is needed, for example:

- care from a few hours a week to all day or overnight
- equipment such as a stair lift to enable someone to be able to go up to bed
- a washing machine to wash bed clothes
- transport to and from hospital appointments
- a nursery place for a child to give a sick parent the opportunity to rest

We support anyone within our current geographical remit. We are not bound by age, sex, illness and nor do we carry out any form of means testing.

What does it cost?

- The installation of a stairlift costs £450
- The monthly rental of a stairlift costs £45
- A carer for 1 hour costs £15
- A specialised nurse for 1 hour costs £25
- To deliver care for 2 days per week for 1 month is approximately £1000



How many people have we helped?

In Derbyshire since 2001, Helen's Trust has:

- Helped 300 people remain in their own home
- Provided 2571 individual episodes of care
- Provided 28 individual episodes of equipment hire

Why is it so important to stay at home?

- Returning to your own home, even after just a short time, can be one of the most comforting feelings.
- Relaxing in your own chair, drinking tea from your favourite cup or watching your pets play in the garden are simple pleasures we can all take for granted.
- At the most challenging of times these home comforts can make an even bigger difference to patients and their families.

